



Useful Resources to Understand Invisible Illness

- [13 Things People With Chronic Illness Wish You Understood](#)
- Richmond News article by Dr. Davidicus Wong on [“Attend your Partner”](#)
- [10 Ways to Encourage your Partner to Attend Couples Counseling](#)
- Firbo Frog Blog: [Staggering Divorce Rate for Those with a Chronic Illness](#)
- [Vancouver Healing Blog](#): The Art & Science of Self-Healing, by Sudha Devi
- BC Association of Clinical Counsellors [website](#)
- [Is Chronic Pain Ruining your Relationship?](#)